

## Patient Script

## Scenario 1

Name: Own Choice                      DOB: 01/03/XXXX                      Age: to be 50+                      Location: A&E

Reason for attending: You have been having chest pain since last night and your partner was worried that it wasn't going away so brought you to A&E to get it checked out.

The rest of the information below is to be given **only when asked** by the students. If they ask a general question like "tell me more" please supply the first bit of information provided only.

More about the symptoms:

- Feels like it's a dull ache across your chest
- Started last night, maybe about midnight, is still there now
- Nothing makes it better or worse
- Pain does not go anywhere else (not in arm or jaw)
- You have some nausea but not been sick
- Not taken any pain relief yet
- Pain approx. 5/10 in severity
- Not had this before
- No other symptoms at all

Your thoughts and ideas – you think your partner is worrying over nothing and you think you have probably pulled a muscle somewhere. You are hoping that you are going to get checked to reassure your partner and then hopefully go home later on.

Your own health:

- You were diagnosed with high blood pressure 5 years ago but have been told it is well controlled with medication now.
- You are on Ramipril 5mg once a day in the morning for the blood pressure.
- You have no allergies and not on any other medications.

Family Health – your parents are alive and well (their age is appropriate to patient partner's selected age) with no known health problems. You are an only child and have no children.

Lifestyle:

- You work/worked as a bus driver.
- You smoke 3 cigarettes a day. Used to be 10 a day but cut this down about 10 years ago. Smoked for about 30 years in total.
- You drink a bottle of wine at the weekend but nil during the week.
- You live with your partner in a ground floor flat.
- You do not drive.
- You don't really do any exercise, you prefer reading and are a member of a book group.
- You and your partner tend to eat supermarket ready meals – sandwiches, curry, lasagne etc.

If the students ask anything else not included above then feel free to ad lib as needed!

NB The students will then carry on to conduct a physical examination on yourself (likely the chest).