Patient Scenario Communication Session 2

YEAR 3 PAEDIATRICS THIRD PARTY INTERVIEW

The scenario will involve you being the grandparent of a toddler, with down's syndrome, who has been sent home from nursery with vomiting. You will join a group of students some of whom will take it in turns to ask about your grandchild's health. The students will receive feedback from everyone – yourself, their peers and the tutor. Thank you for taking part in this session, you contribution is invaluable to the students.

Relative name	Noreen / Norman Grant
Relationship	Maternal grandparent
Child Name	Isha Karim
Child Patient Age	4yrs old
Child Date of birth	10 th December and Year to maintain age
Relative gender	any
Setting (home/GP/OPD/in-patient)	GP consultation (in-person)

Purpose of the session:

For students to take a paediatric history from carer taking into account their perspective

Today:

In person consultation with GP, grandchild who is watching tv next door in waiting area with other grandparent. Granddaughter Isha usually well but has been sent home from nursery with vomiting today. Mum and dad both working so asked you to pick her up when nursey called. I told my daughter that Isha was looking washed out so they wanted me to check with the GP, they are understandably a bit overprotective.

How would you like the patient to play the role: i.e. angry, emotional, determined or several ways (please detail) Nothing specific

Current problem:

She does not have a temperature but is looking washed out. Not pale

Mild runny nose often has when it is cold. Few sneezes yesterday. No cough.

Wanting cuddles and dozing on the sofa in front of Peppa pig

She doesn't want to eat anything, she can be quite stubborn, but is drinking sips of warm Ribena- that is her favourite.

Vomited once at nursery and twice since she got home but not much left to bring up.

Vomit was just food stuff. If asked not green and no blood present.

No diarrhoea or loose stools. Usually, a bit constipated so not been for a couple of days but that is normal for her.

No clear tummy pain (but not sure how well she would localise)

She is still wearing nappies but starting to use the toilet although not in the mood today. Nappy was wet at lunchtime (important for students to learn to ask specifically about both urine and stools)

She has not complained of tummy (abdominal) pain, but she finds it hard to communicate things like that, like when she is constipated just gets generally grumpy

No rash/No spots

You think there might have been 2 or 3 other children sent home from nursery this week.

No one unwell at home

Grand parent's perspective

You think she has just picked up a bug from nursery and will be right as rain tomorrow.

You suppose you don't want to be proved wrong and miss something because your daughter would never forgive you.

The recent news coverage of childhood infections (e.g. strep A) has been concerning.

You are hoping the doctor will give you reassurance and advice on what to look out for that might mean it is more than just a bug (i.e. when should you be more concerned or seek further attention).

The student should suggest features that might prompt you to call back or take action but could be prompted for these if the answer doesn't address your concerns.

<u>Health background</u>

Diagnosed prenatally with Down's syndrome, daughter is an older mum so knew it was a possibility but was difficult initially. They got a lot of support from local downs parent group and love Isha to bits.

Born 2 weeks early so a little small (weight 2.4 kg/6lb 6oz). Normal delivery. No Neonatal admission needed.

Down's syndrome means she is a bit behind other kids but now walking (started age about 2 and half). Did not say first word until 18month but has picked up a lot of new words since starting nursery. Making progress in each area but slower rate than others in the nursery.

Started nursery this year and loves it. Never managed to find a nursery for her until she went to the school nursery. Loves drawing and painting always bright colours.

Immunisations are all up to date- most recent ones last year.

Constipation – try to get her to eat more fruit and drink more but is an uphill battle. She has had laxatives in the past (Movicol) when there has been a problem. Not currently on treatment

No current medication. She had one dose of paracetamol so far today for this illness

Had a few coughs and colds previously not much else.

Not had any other health problems or complications of Down's that you know of

Specifically, if asked, annual thyroid checks normal. Heart scan after birth was normal.

No previous hospital admissions or surgeries.

On-going review from community paediatric team.

Has input from speech and language therapist and physio.

No siblings at home. Lives with both parents. Looked after by grandparents when parents are out to work (both parents are teachers). No smokers in house.

No specific family history (although there would not usually be anything specifically

relevant from your own medical health).

No illness contacts at home... yet.