

**PA Reproductive Communication Session - patient partner scenario
– Pelvic inflammatory disease**

Practice Message ID: NVVCNSQGWC

Oakwood Medical



You may want to check the patient's personal details against their record.

Online consultation request for

Some answers may need close attention

Ashley Rosier (Female, Age 52)
Vaginal Pain

Submitted on 24-08-2020 at 18:32:00
eConsult reference number for this request: **79FBD9A4**

Contact phone:
07123456789

Patient's date of birth
01/10/1071

Contact email:
ashleyrosier@gmail.com

Patient's address:
23 Road
Aberdeen
AB12D



RESPONSE NEEDED BY:

6:30 PM on Tuesday, 25th of August. A same day response is best.



SEND ASHLEY A MESSAGE:

[Click here](#) or go to <https://Oakwood.webgp.com/pcm/NVVCNSQGWBCCHDBVX> and enter this PIN : AR4756

(The "Click here" link and PIN for this consultation will expire on Thursday, 10th of September)

IDEAS, CONCERNS AND EXPECTATIONS:

How can we help?	The patient said "I think I need advice"
Please provide us with details of your problem	The patient said "I am having pain when having sex"
Have you tried anything to treat yourself?	Thrush cream
Has it helped?	No
Is there any particular treatment you would like to request?	No – but it's difficult for me to attend the surgery for appointments in person due to my job, could I please have a phone or video appointment first please?
Is this a problem your GP knows about?	No

CLINICAL QUESTIONS:

Did the pain start after an injury?	No
Where does it hurt?	Vagina
Where in your vagina does it hurt?	Inside
Did your vaginal pain come on suddenly or gradually?	Suddenly
Does your vagina have a lump or swelling?	No
How bad is your vaginal pain?	5 out of 10
How long have you had the vaginal pain for?	1-3months
What does the vaginal pain feel like?	Sharp
Does it hurt more then you move? e.g. when you twist or bend?	No
Does the pain move anywhere else or cover any other area?	Not sure

PA REPRODUCTIVE SYSTEM CLINICAL COMMUNICATION Patient scenario

Are there any other symptoms with this pain?	Not sure
Have you had any unexplained weight loss in the past 3 months?	No
How often does your condition affect you?	Happens most weeks
Is there anything that makes your condition better?	No
Is there anything that makes your condition worse?	Having sex
Is there anything else you think we should know?	No

HEALTH HISTORY QUESTIONS:

What do you do for a living?	Self employed childminder
Have you travelled abroad recently?	No
In the last year have you bet more than you could afford to lose?	No
Do you have any allergies?	No
Are you, or is there a chance you might be pregnant?	No
Have you given birth in the past 12 weeks?	No
Have you had a miscarriage in the past 12 weeks?	No
Have you had a termination in the past 12 weeks?	No
Have you or anyone in your household had COVID in the past 1 month?	No

ASHLEY'S ANSWERS ABOUT THEIR CONDITION END HERE. NEXT STEPS:

You can offer this patient a **prescription** and ask reception to inform the patient

You may signpost to an **alternate service** via reception (e.g. pharmacy)

You may wish to **telephone the patient** to close the consultation

You may ask reception to **book an appointment** with GP or nurse

If you need to report a clinical incident, you can do so here: <https://econsult.net/clinical-incident-reporting/>

Patient Name and DOB: Ashley Rosier, 1/10/1971 (Age 52)
Setting: GP Practice

Symptoms

When the student asks you an initial question on what's going on, tell them:
You have been finding it really quite painful when having sex for the past 3 months. The pain starts soon after sex starts and stops when you stop having sex. You have begun to avoid having sex because of this pain so thought it best to get it checked now. You put in an eConsult to the practice and the receptionist called you to arrange this appointment for further information.

If asked another open question asking about this in general, tell them:

PA REPRODUCTIVE SYSTEM CLINICAL COMMUNICATION Patient scenario

It started about 3 months ago; you wondered if the pain might mean you had thrush so you went to the chemist and got some cream but it hasn't helped at all.

Only if specifically asked:

- Last period was about 4 months ago, periods have been coming less often for the past 2 years and only had 2 or 3 periods in the past year
- Periods are not heavy or painful
- Periods started when you were aged 14 and not had issues previously with them at all
- You have noticed in the past month that you can get some spotting after sex, not like a period, just needing a pantyliner and just lasts for a few hours each time
- You have had some lower tummy cramps most of the time for the past couple of months
- This is all over the lower tummy, a bit like mild period cramps
- It's getting gradually worse but not yet needed painkillers for it, you didn't think it was related which is why you put "not sure" on your econsult about it
- You have had occasional hot flushes but not often and not too bad, these have been for the past 6 months or so
- You have also had some mood swings for the past 6 months too
- When it started you thought you might have a bit of discharge, clear watery discharge, this lasted just a week or two. This is why you thought you'd try the thrush cream but the discharge has gone but the other symptoms haven't.
- The discharge was a bit unusual as you have been feeling increasingly more dry down below and not been having much in the way of a regular discharge anymore.

Deny any other symptoms that are asked – weight loss, itch, nausea etc

If asked about how the symptoms affect your life: You have now avoided having sex a couple of times, you don't want to avoid this more.

Patient Thoughts

- You think you might have a vaginal infection of some kind, you have heard of something called BV? You also think that you are beginning to approach the menopause
- You are worried about having less sex than usual – you aren't particularly worried about any medical conditions in particular, you aren't worried about the menopause
- You are hoping for something that is just going to help your symptoms

Sex Life

Only answer the bits that are specifically asked about:

- When having sex you sometimes use a condom but not all the time, you are pretty sure it would be very unusual to get pregnant in view of your age.
- You have been with your current partner for about 6 weeks, they are male, you have had vaginal sex only with them, you have sex every week or two, you do not think that they use any drugs, they were born in England, they do not have symptoms or conditions that you are aware of. The last time you had sex was a week ago. You do not have any concerns about this relationship (i.e. you are not tense/worried about having sex)

PA REPRODUCTIVE SYSTEM CLINICAL COMMUNICATION Patient scenario

- Prior to your current partner you had another partner about 4 months ago whom you were with for a couple of months. (Same information about your partner as above)
- You have had 4 partners in total in the past year.

Deny any other questions that are asked e.g. Never paid for sex, no sex abroad etc

Health and Medical Background

Only if asked directly about these:

- You have had recurrent thrush in the past, usually causes discomfort along with itchiness, cream usually helps.
- You have Hypothyroidism and on medication for this
- You have previously had an ectopic pregnancy when you were in your 30's and needed surgery to remove it from your tube, they did not remove the tube itself, just the pregnancy stuck within it.
- You have one child, who was born vaginally with no complications
- You have had one termination in the past, this was in your 40's and involved you taking medication in the hospital for just a day, you did not need to stay over night
- You have had a couple of warts down below near the vagina in the past many years ago but didn't need any treatment for them and they went by themselves after a few months

Medications: Prescribed Levothyroxine 75 micrograms once a day orally

Not on any contraceptive pills or HRT.

Over the counter: you recently tried the thrush cream – you do not know the proper name for this, it didn't help.

No recreational drugs.

No allergies.

Family Information

Your mother is in her 80's and you think she had some kind of gynaecological problem but are not sure what exactly it was, you mum doesn't like to speak about these things, you think maybe it was fibroids as she needed a hysterectomy when in her 40's. You don't know when she went through the menopause because of this. She is otherwise well and independent but her mobility isn't great due to osteoarthritis in her knees.

Your father died in his 60's from a Stroke, he had a few mini strokes prior to the main one.

You have one sister who is younger than you and has no problems.

Your child is well.

Personal Background

Partner history as above, you do not live with your current partner.

You live on your own now (your child has left for Uni) in a 2 bed house.

You work as a childminder.

You have no pets.

You smoke a pack of cigarettes a day and have done for the past 20 years. You have no intention of stopping.

You only drink when you go out, this is about 1-2 times a month, you drink wine and have about 5 glasses on these nights out.

Not been abroad recently.

You do not drive.

PA REPRODUCTIVE SYSTEM CLINICAL COMMUNICATION Patient scenario

Your diet can be variable, at the moment you are trying to improve it and have started home cooking meals instead of buying ready meals from shops. You don't have much time for hobbies due to your work schedule but like going for walks with the children you look after and taking them to the park.

Once all the history has been taken by the students, if there is time, the tutor may ask one of the students to practice explaining to you what they recommend we do next. This should cover coming in for an examination and for some tests to be done e.g. swabs and or bloods. You're happy with this and have no questions as long as the student is clear with their explanation.